



# The Zeta Zone

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## Hewlett-Packard

### Inside this issue:

President's Greeting	1-3
Alpha Kappa State 74th Spring Convention	3-4
Membership News	5
Annual Sundae Social	6
DKG's Northeast Regional Conference, Portland, Maine	7-8
Fun Facts About Portland, Maine Red Roses	9
Curriculum of Hope	10

### Upcoming Events

- \* October 16, 2013 Initiation Ceremony/Meeting  
Pompeo's Restaurant, Branford 4:30 - 8:30
- \* November 2, 2013  
Fall Conference, Courtyard  
by Marriott, Cromwell
- \* November 23, 2013 Annual Auction/Meeting  
Whitney Center, Hamden, 9:00 - 9:30  
Setup, 9:30 - 2:30  
Brunch, Meeting, Auction
- \* March 15, 2014  
65th Birthday/ Meeting, Serafino's Restaurant,  
Wallingford, 11:30 - 2:30

## President's Greeting

Dear Zeta Sisters,



Although I haven't had a full five days with students yet I feel like I never left. I couldn't believe that after 26 years I still had that first day of school flutters of anticipation to see the students. The shine of the floors and the smell of the gym floor remind me that I really did leave. I knew that I was ready to return when I was talking to or making faces at any child I encountered in a store. It was getting bad. It was an enlightening learning summer for me and I hope to use what I learned this year.

As a New Haven Public School teacher, I am afforded many opportunities for professional development. Last March, I received information to apply for a course that was being sponsored by Yale's Programs in International Educational Resources (PIER) institute. The topic that caught my interest was entitled *Global Youth in the Digital Age*. I applied and later found out I was wait listed and forgot about it. As spring bustled on as it does at school, I was looking forward to a break. Then on July 3<sup>rd</sup> I found out someone had dropped out of the class I had applied for and I could go! Class started Monday and I needed to have my project theme submitted by then. It was amazing. The college is on Hillhouse Avenue in New Haven, which is one beautiful wide street. Breakfast and lunch were provided and we started at 8am. I soon discovered, or at least felt, I was out of my league. My classmates were high school social studies teachers, college professors, and a superintendent. Then there was Roz who was having a difficult time with multi-syllabic words. Teaching special education with a focus on sight words and one syllable consonant-vowel-consonant words (CVC), retrieving vocabulary and concepts that hadn't been used in a while was a good exercise and a challenge. My classmates were from all over the world from Canada to Mexico. Although I was intimidated, they made me feel safe. They supported me and cheered me when I introduced my first power point presentation. I think good educators make us feel safe and support us with taking risks out of our comfort zone. Each day was jam

(Continued on page 2)

## President's Letter

*(Continued from page 1)*

packed with information; from a visit to NYC Asian Society, to a live interview with a journalist in Cairo. We skyped, tweeted and made doodle appointments and Google documents. I tried Ethiopian, Indian and Mexican food. It was an exhilarating learning opportunity. For my culminating activity, I hope to do a daffodil and tulip planting project with another classroom somewhere in the world through an organization named IEarn (International Educational and Resource Network). It is the largest nonprofit global network available for teachers and students. That means it will be a safe place that will connect my students with another classroom somewhere in the world! Our students will share observations including weather information and progress of our bulbs' growth. I am looking forward to it.

Next, I drove up to Portland, Maine for our regional conference. I arrived in the evening and was warmly welcomed by the Connecticut contingent at a dinner Terry Azoti had organized for us. The next day was bustling as I navigated the conference. It started with a keynote speaker; Dr. Sherene McHenry who convinced the audience that we could choose behaviors that can help us have a life we love. I bought her

book, *Pick, Choose to Create a Life You Love*, so I'll keep you posted! I attended many workshops from DKG's involvement with UNESCO-UNICEF to how to become an international speaker. Did you know you could do that? I didn't. The other workshop that excited me was about the money that DKG has available for you to do a project that you have dreamed of or attend a conference you would like. This year with the 50<sup>th</sup> anniversary of the educational foundation fifty, \$1,000.00 grants are available to members at <http://dkgef.org/> with a submission deadline of November 15, 2013. We need to take advantage of all DKG has to offer us and spread the word.

I missed the First Timers meeting at the beginning of the convention and I would recommend that to future new attendees. I was a bit like a deer in headlights. However, there were Maine hostesses everywhere to help members navigate. I learned a multitude of facts about DKG. I know in the future that it is best to stay at the hotel that is sponsoring the convention. No driving or parking. The marketplace was dangerous. It was filled with

very clever DKG items and incredible jewelry. It was wonderful and encouraging to learn some of the vendors were retired teachers who followed their dreams of creating art in different forms. In retrospect, I should have stayed with my Zeta sisters to get the lay of the land but on the other hand it was an exciting adventure for me! I hope in the future you will attend a regional conference. Create a fun girls' get away and learn more about DKG and connecting the world.

I finished my summer with another 3 day intensive study of a science standard taught by members of Peabody with some guest speakers. It also was an invigorating experience. One activity we did was pretending we were birds migrating. There were different sized and colored hula hoops scattered across our migration route. When we were told to migrate we flew to a hula hoop and landed. The leader chose a colored card that indicated our demise or safety. There could have been a strip mall built and there was nowhere for us to land. It could have been a field just sprayed with pesticide. It was a hands-on exercise, which demonstrated human impact on the environment. It was one more great learning experience

for me.

These experiences reminded me of how passionate I am about education. They made me remember what it feels like to be a learner and why I went into teaching. This spring on April 3rd Zeta is hosting a pot-luck dinner and discussion with early educators and our own eclectic

group of educators. We will discuss then and now. Early educators may not know that "back in the day" teachers could not teach if they were pregnant. Retired educators may not know that penmanship, particularly cursive, is no longer taught. Teaching has always been challenging

on emotions, time, and paperwork. Today, teachers have more stress than ever. Let us come together and meet this new generation of teachers and see how we can really help. You can contact me at [rozg713@yahoo.com](mailto:rozg713@yahoo.com) or my cell 203.234.8844 for further inquiries.

## Alpha Kappa State Holds 74th Spring Convention

Kim Albro

On a beautiful spring day, sisters from all over the state came to "share their vision" at the 74<sup>th</sup> Spring Convention held at the Courtyard by Marriott in Cromwell. The message for the day—"Sharing Our Vision: Strengthening Our Chapters," and the sisters of Alpha Kappa State set out to do just that.

The day began with a Ceremony of Life where the members who passed throughout the preceding year were honored and remembered. The tribute included shared readings, song and quiet reflection in the soft glow of the candles that were lit for the lost members. We know that each of these women gave to Delta Kappa Gamma and touched the lives of others in her own special way. Each will always be remembered fondly

in the hearts of the AKS sisters.



Following this ceremony, the day continued with the official event welcome and AKS presidents paraded in with the flag representing each of their chapters. The roll call was announced and there were over 100 sisters in attendance. The business meeting followed where convention rules were adopted, and each committee shared their report. Nominations for the incoming slate of officers were approved as well before the adjournment of the official business meeting.

With business taken care of, it was time for the fun! Jeanne Morascini of Theta



Chapter shared her presentation *Visions of Strong Chapters Danced in My Head*. Jeanne's focus was on the importance of working together

and creating a positive, peaceful mindset in order to be able to be our best selves and strengthen our chapters. With wit and humor, Jeanne reminded us that we have the ability to control the stress in our lives and determine how we react to the situations life brings us. She stated, "Only 8% of what we worry about actually happens."

Jeanne shared her strategies for a calmer lifestyle: using humor, breathing deeply, and keeping a peaceful mindset. She reminded us to do these

(Continued from page 3)

things on a regular basis to take care of ourselves in order to then do for others. Jeanne also shared her approach to building a strong chapter, emphasizing commitment, positive attitude, involvement and communication. She stressed the importance of a strong executive board and told us that, as Helen Keller once said, "alone we can do so little, together we can do so much". Throughout the day sisters shared, discussed ideas, and mingled with members of other chapters. They browsed raffle baskets of different contents and themes—from movie night and Italian to a day at the beach—



provided by each chapter. A Members' Fine Arts Exhibit highlighted the work and talents of several

of the AKS members—Emma Henning, Eileen Festi, Holly Tarrant, Sandra Petrucelli-Carbone, Jeanine Belisle, Joan Krantz, Joan Cariglia, Terry Azoti, Shirle Jankewich, and Angelia Whiting. They displayed an array of beautiful works of various mediums—photographs, oils, acrylics and watercolors.



Before the day was through the new slate of officers was inducted for the 2013-2015 term. Zeta Chapter's own

Terry Azoti took her seat as AKS President, with Joan Konareski and Deborah Soresino as First and Second Vice President respectively and Sue Carpenter as Recording Secretary. Marnee Straiton bid a fond farewell as AKS President and expressed her sentiments of how much she has enjoyed



her journey as President and working with the sisters of Alpha Kappa State.

Finally the day culminated with honors for both Marnee Straiton and Past President Carol Kraus, as they both received Achievement Awards for their significant contributions to Delta Kappa Gamma in Chapter, State and International activities. Members were honored for their



years of service (25, 30, 40, 50, 60) to Delta Kappa Gamma, with Mary P. Roberts and Mildred Reed present to accept their awards of 50 years! Julia V. Nicefaro of Zeta was also present to receive her 30 year award. Chapter Newsletter Awards were given with Beta and Lambda Chapters receiving



the award for "Most Newsworthy," Epsilon and Iota for "Most Creative" and our own Zeta Chapter for "Best Overall." Our thanks to Carolyn Downs, the editor of our Zeta Zone, who is most deserving of this honor for all of the hard work she puts into the newsletter.

The day ended with the sisters of Alpha Kappa State joining hands in a circle to sing the Delta Kappa Gamma Song. What a sight to see all of the Chapters represented, making the promise to band together and continue to further education with faith, courage and honor.

## Membership News

Judy Cody and Kim Carew

Zeta members are reminded that at the June meeting three new candidates were approved for membership into the Society this fall. They are all ready for their orientation October 1 with Kim, Judy and Claudia, and for their Initiation October 16 with ALL of you who attend the event to support them at Pompeos Restaurant in Branford. Following their initiation ceremony, they are prepared to stand before the members to more fully introduce themselves. This format has proved to be so very popular the last few years that we plan to provide the same treat. Candidates and soon to be members are, Margaret Hrabchak, Michele Moore, and Mary Ann Porto. You are highly

encouraged to attend the Initiation ceremony for these fine ladies led by Nancy Janeczak.

Your Membership Committee, with approval of the executive board, is still planning to encourage increased support to early educators in the New Haven area. Our goal to bring more early educators to membership still exists. While we did not bring any early educator candidates to the table this past Spring, we hope you will each concentrate more fully on doing so this next year. We know they are busy and have many responsibilities, which may make membership in an organization seem difficult at the present time. However, we also know that with support in a wide variety of creative ways

from over 80 Zeta members, we can assist and support several of them in the multitude of educational settings in our membership neighborhoods. (Nomination form is on page 11.)

Please take seriously our International initiative as well as our local one, to support early educators in ways that can work for you and for them and lead to possible membership into Delta Kappa Gamma. Thanking you in advance for your support!

"Individual commitment to a group effort -- that is what makes a team work, a company work, a society work, a civilization work."  
-Vince Lombardi

## Save the Date!

### Committee on Teaching About the United Nations 2014 Conference

Friday, January 31 at UN Headquarters



### Promoting Peace Through Education

*It is not enough to teach children how to read, write and count. Education has to cultivate mutual respect for others and the world in which we live, and help people forge more just, inclusive and peaceful societies.*

~~ UN Secretary-General Ban Ki-moon 12 June 2013

# Annual Sundae Social

Alicia Clapp



We ended our year with our annual Sundae Social at Whitney Center.

Claudia, the treasurer explained the pros of prepaying our dues now to help establish our September budget.



She held a drawing for the people that paid her and Kathy Imholt won! Certificates were presented to both Julia Nicefaro and Frances Pagliaro for 30 years membership.

It was reported that Connie Schingh and her committee helped get the books distributed to Polly McCabe Center.



Books For Babies lives on! Our own members brought family or

school books to donate to Jeanie Lawrence for use with her students in New Haven. Our adult book exchange was restored and members left with a good summer read. Three names were brought to membership by Judy Cody; Margaret Hrabehak, Michelle Moore and Mary Ann Porto and all were voted on affirming their membership.

Thank you to Anne Brandt for her idea of having the exchange teacher from China who had worked at her school present to us at this event. Our amazing speaker, Jin Mei, had us chuckling and trying eye exercises as they do at her school in China. She shared her struggles as a young working mom away from her son in this year in New Haven. She shared a



power point of a typical school day in China. It was eye opening. Also congratulations to Anne who retired in June! Good food, conversation and laughs were had by all. Thanks to Claudia Grantham for her generous donation of two tubs of ice cream. Left over ice cream was used by Roz with her students for a celebration.



Students enjoyed sundaes in the garden at Barnard School. Every year there has been concern and conversation about what types of food, how much etc. to have at our June gathering. I believe it is our collective good energy that provides a balance of delectable delights and refreshments that are.....perfect. Thanks to all that came. Those that didn't come you have another chance to attend this June! Let's think about including other chapters.

## DKG Northeast 2013 Regional Conference Portland, Maine Sharing our Vision—Strengthening Our Society



The attendees were left to right: Donna Chaney, Joan Davies (past member), Nancy Janeczek, Linda Amarante, Judy Cody, Mary Janeczek, Carol Sbabo, Albina Cannavachio, Carolyn Downs, and Louise Manfreda. Missing from the photo is Roz Gambardella

### Our First Day

Mary Janaczyk

Wednesday, July 24th, 2013 found a group of Zeta sisters in Portland, Maine attending the Northeast Regional Conference. The First General Session commenced that evening with Mary Lee Makinen, Northeast Regional Director, presiding. After a welcome and introductions, the flags of Canada, Puerto

Rico, Maine, Maryland, and Delta Kappa Gamma were presented. The flag ceremony is always a beautiful ceremony. After recognitions, announcements, and a drawing, everyone was invited to Maine Night. Maine humorist, Gary Crocker, and Maine songwriter and singer, Dave Mallett entertained the

group. Gary entertained with traditional Maine humor. He also acknowledged one of his former teachers, a DKG member in attendance that evening. Dave performed a variety of songs including 'The Garden Song' which was recorded many years back by John Denver and the Muppets.

# DKG Northeast 2013 Regional Conference Portland, Maine Sharing our Vision—Strengthening Our Society

(Continued from p. 7)

## The Celebration Luncheon

Louise Manfreda

The Celebration Luncheon on Thursday, July 25th reiterated the theme of the conference by sharing our talents, passions and keeping faithful to the core issues and purposes of DKG.

Introduction of the Honor's Table included three women educators totaling 162 years of membership and nine new initiatives within the last five years. Our own Carolyn Downs was included in the latter introductions.

HIGHLIGHTS of the luncheon included the Educator's Book Award, "Exit, The Endings That Set Us Free" authored by Sara Lawrence-Lightfoot. The media award was presented to "SCHOOLS THAT SHINE", a grant program designed to reward schools for innovation and creativity funded by Dunkin Donuts. The luncheon concluded with the inspiring Keynote Speaker Katie Snapp, Managing Change During Change. She focused on lead-

ership development for women in a male-dominated workplace. Her book, "Skirt Strategies" includes 249 successful tips for women in leadership roles. She urged women to follow their natural tendencies as leaders. "We don't get what we want, we get what we focus on". To implement change you need: empathy, information and ideas. Snapp urged all to be lifelong learners.

## President's Banquet

Judy Cody

After several days of outstanding inspirational speakers/workshops/meetings planned and led by Northeast Regional Conference Chair, Mary Lee Makinen, the 630 attendees at the Northeast Regional Conference held in Portland, Maine, believed there could be no event or speaker to top those already enjoyed; WRONG!!

First of all, the Holiday Inn by the Bay in Portland had never served a full course meal to such a large crowd and had worked hard to make our final meal together an outstanding

one. They succeeded! They served warm(!!!) seafood chowder, delectable salmon or steak, and a most delicate smooth, creamy lemon dessert, served in a champagne glass and announced that the glass was an attendees' gift from the Inn's kitchen staff. That was the *icing on the cake*, without the cake!

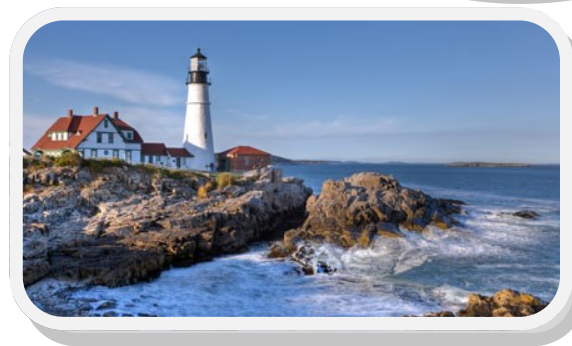
The whole evening teemed with inspiration from the introduction of many of the new state presidents, (we were so sorry that our very own Terry Azoti could not be among them) to the Keynote speaker, Dr. Beverly Helms,

who left us with hope and positive feelings for our futures. Perhaps the most inspirational was the end of conference "share" from the beloved conference chair, Mary Lee Makinen, who openly discussed her journey planning and executing this event and what it had meant to her. Everyone left inspired and with loving thoughts, for one another, especially new friends made, and hopes for a successful year until we next meet at International Convention in Indianapolis in 2014.



## Fun Facts About Portland, Maine

- Maine is the only state in the United States whose name has one syllable.
- Portland was first temporarily selected as the state capital. In 1832 the capital was moved to the centrally located site of Augusta.
- Portland is the birthplace of poet Henry Wadsworth Longfellow.
- The skating scene in the movie "The Preacher's Wife" was filmed in Deering Oaks Park in Portland.
- Maine lobsters have won international fame for their flavor and contribution to the culinary world.



## Red Roses



**Congratulations to the women of Zeta Chapter as we acknowledge their achievements and dedication.**

To Anne Brandt, Ann Cappetta, Kathy Imholt, Dot Logan, Judy

Morrelli, Nancy Tingley, and Diane Wilson on their June retirements.

For Alpha Kappa State appointments of Kimberly Albro as Scholarship Committee Chair and Tonyi Cartisano as Fine Arts Committee member

**DKG Vision  
Statement**

**Leading Women  
Educators  
Impacting  
Education  
Worldwide**

## From the Curriculum of Hope Newsletter, Summer 2013:



### Doing Science in Morning Meeting: 150 Quick Activities That Connect to Your Curriculum

Lara Webb and Margaret Berry Wilson, Northeast Foundation for Children, Inc. 2013

This new publication gives elementary teachers ideas for fostering science learning with quick, fun, meaningful activities. Grades K-6

[www.responsiveclassroom.org](http://www.responsiveclassroom.org)

### Easy Things to Do to help Our Climate

TIP: Energy-efficient bulbs help fight climate change because they reduce the amount of fossil fuels that utilities burn. You will save 100 pounds of carbon for each incandescent bulb that you replace with a compact fluorescent, over the life of the bulb.

TIP: Products made from recycled paper, glass, metal, and plastic reduce carbon emissions because they use less energy to manufacture than products made

from completely new materials. You will save two pounds of carbon for every 20 glass bottles that you recycle.

TIP: Car owners will get better gas mileage when the tires are fully inflated, so cars will burn less gas and emit less carbon. Follow this tip and save 300 pounds of carbon dioxide for every 10,000 miles you drive.

<http://www.nature.org>



**Global Concerns Classroom** is a global education program of Concern Worldwide USA, an international nongovernmental humanitarian aid organization dedicated to the reduction of extreme poverty in the poorest countries. GCC is providing resources and services, free of charge, to secondary schools seeking ways to raise awareness of global issues among youth. The GCC curriculum includes a diverse range of global issue guides, student-narrated videos, thought-provoking posters, and a teaching toolkit.

[www.globalconcernsusa.org](http://www.globalconcernsusa.org)

### Teaching students about climate change:

[www.epa.gov/climatechange/kids](http://www.epa.gov/climatechange/kids)

[www.facingthefuture.org](http://www.facingthefuture.org)

[www.scidev.net/en/climate-change-and-energy](http://www.scidev.net/en/climate-change-and-energy)

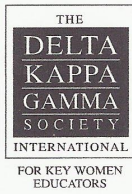
Every choice you make that consumes less of the earth's natural resources will reduce the chemical load our kids will clean up, send less trash to overflowing landfills, and maintain clean ocean with fish for future generations.

~Cloe Waterfield

*A Curriculum of Hope for a Peaceful World*

The **Curriculum of Hope for a Peaceful World Committee** is a Standing Committee of Alpha Kappa State. The Committee focus is threefold: promote peace, protect the environment and celebrate diversity.

**Its Mission:** To study and promote critical thinking, conflict resolution and cooperative learning skills toward a more peaceful world.



# Recommendation for Membership

**Instructions:**

Please complete and return this form to the appropriate level Membership Committee. For information about qualifications for membership in The Delta Kappa Gamma Society International, refer to sections on membership in the *Constitution* and the *International Standing Rules*.

**Type of membership:** (check one) Chapter Active \_\_\_\_\_ Chapter Honorary \_\_\_\_\_ State Honorary \_\_\_\_\_ International Honorary \_\_\_\_\_

**Name of person recommended:** \_\_\_\_\_  
(Title) (First) (Middle) (Last)

\_\_\_\_\_ (Street, Route, P.O. Box)

\_\_\_\_\_ (City) (State and Country) (ZIP/Postal Code)

\_\_\_\_\_ (E-Mail Address) (Telephone Number) (FAX Number)

**Current position title:** \_\_\_\_\_

**Employer:** \_\_\_\_\_ **Total years as professional educator:** \_\_\_\_\_

**Highest educational degree granted:** \_\_\_\_\_ **Year:** \_\_\_\_\_ **Field:** \_\_\_\_\_

**Professional accomplishments:** Include items such as professional development presentations, campus or departmental leadership roles, published materials, offices in other organizations honors and/or awards. (A brief professional résumé may be attached to this application.)

**Community activities:**

**Endorsed by one or more members:**

	<u>Signature</u>	<u>Chapter</u>	<u>State</u>	<u>Date</u>
Required	_____	_____	_____	_____
Optional	_____	_____	_____	_____
Optional	_____	_____	_____	_____